

Appendix A

Start of Block: Informed Consent for Survey

Honors Research Seminar (HNRS 485): Mental Health Policy Survey

Purpose: You are invited to participate in a study on how people perceive certain policy-level factors related to mental health and mental health care. This study is being conducted by a student researcher at Wichita State University under the supervision of a community psychologist.

Participant Selection: You were selected as a possible participant because you are an adult 18 years or older living in Kansas and are either an elected official, an appointed official, a representative of a public or private health insurance plan, or a member of an advocacy group. Approximately 50 participants will be invited to join the study.

Explanation of Procedures: If you decide to participate, you will be asked to read and answer questions. Demographic questions will also be included such as race/ethnicity, occupation, level of education, and political affiliation. The survey should take 10 - 20 minutes.

Discomfort/Risks: There are no anticipated risks associated with participating in this study. However, if you feel uncomfortable with a question, you may skip it.

Benefits: The findings from this study will help us better understand policy-level factors related to mental health and mental health care in the state of Kansas.

Confidentiality: Every effort will be made to keep your study-related information confidential. However, in order to make sure the study is done properly and safely, there may be circumstances where this information must be released.

By signing this form, you are giving the research team permission to share information about you with the following groups:

- Office for Human Research Protections or other federal, state, or international regulatory agencies;
- The Wichita State University Institutional Review Board; and
- The sponsor or agency supporting the study.

The researchers may publish the results of the study. If they do, they will only discuss group results. Your name or any other personally identifiable information will not be used in any publication or presentation about the study.

We will work to make sure that no one sees your survey responses without approval. Your data will be stored without any identifiers and protected with a password to reduce the risk that other people can view the responses.

Refusal/Withdrawal: Participation in this study is entirely voluntary. Your decision whether or not to participate will **not** affect your relations with Wichita State University. If you agree to participate in this study, you are free to withdraw from the study at any time without penalty.

Contact: If you have any questions about this research, you can contact Dr. Nikki Keene Woods at 316-978-3145 or nikki.keenewoods@wichita.edu or Ngoc Vuong at 316-516-3078 or nxvuong1@shockers.wichita.edu.

If you have questions pertaining to your rights as a research participant, you can contact the Office of Research and Technology Transfer at Wichita State University, 1845 Fairmount Street, Wichita, KS 67260 at (316) 978-3285.

You are under no obligation to participate in this study. Your agreement below indicates the following:

- You have read (or someone has read to you) the information provided above;
- You are aware that this is a research study;
- You have had the opportunity to ask questions and have had them answered to your satisfaction; and
 - You have voluntarily decided to participate.
 - Yes (1)
 - No (2)

End of Block: Informed Consent for Survey

Start of Block: Behavioral Health Integration Survey Module

BHISM_delivery

Answer **Yes**, **No**, or **Don't Know** for whether you think health insurance plans should reimburse primary care providers for the following services in relation to mental health care:

	Yes (1)	No (2)	Don't Know (3)
Telehealth services (phone, email, or video) for issues specific to mental health. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<u>Integrated</u> mental health case managers or social workers in a primary care setting. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
<u>Consultations</u> between primary care providers/staff and mental health care providers. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

BHISM_incentives

Answer **Yes**, **No**, or **Don't Know** for whether health insurance plans should provide financial incentives for primary care providers who treat the following mental health issues:

	Yes (1)	No (2)	Don't Know (3)
Anxiety (1)	0	0	0
Depression (2)	0	0	0
Eating disorders (3)	0	0	0
Gaming disorder (4)	0	0	0
Gender dysphoria (5)	0	0	0
Post-traumatic stress disorder (PTSD) (6)	0	0	0
Schizophrenia (7)	0	0	0
Substance use disorders (8)	0	0	0

BHISM_coordination

Answer **Yes**, **No**, or **Don't Know** for whether you think health insurance plans should reimburse primary care providers for the following services:

	Yes (1)	No (2)	Don't Know (3)
Health care delivered in <u>integrated</u> primary care-mental health settings. (1)	0	0	0
Services delivered by a mental health provider <u>co-located</u> in a primary care practice. (2)	0	0	0
Mental health therapy, medical evaluation, and management codes billed on the <u>same day</u> . (3)	0	0	0

End of Block: Behavioral Health Integration Survey Module

Start of Block: APA Mental Health Care Survey (Modified for Study)

APA_MHCS_1 Please give a letter grade (A being the best possible and F being the worst) for how you would rate the **primary care system** in Kansas.

- o A (1)

- B (2)
- C (3)
- D (4)
- F (5)

APA_MHCS_2 Please give a letter grade (A being the best possible and F being the worst) for how you would rate the **mental health care system** in Kansas.

- A (1)
- B (2)
- C (3)
- D (4)
- F (5)

APA_MHCS_3 Relative to physical health, how important do you consider mental health? Mental health is...

- Much more important (1)
- Somewhat more important (2)
- They are of equal importance (3)
- Somewhat less important (4)
- Much less important (5)

APA_MHCS_4 How much of a priority do you consider mental health? Do you consider mental health to be a...

- Highest priority (1)
- High priority (2)
- Moderate priority (3)
- Low priority (4)
- Lowest priority (5)

APA_MHCS_5 How much of a priority do you think policymakers in Kansas consider mental health? Do they consider mental health to be a...

- Highest priority (1)
- High priority (2)
- Moderate priority (3)
- Low priority (4)
- Lowest priority (5)

APA_MHCS_6 Do you have adequate mental health coverage under your current health insurance plan?

- Yes, very adequate (1)
- Yes, somewhat adequate (2)
- No, not very adequate (3)
- No, not adequate at all (4)

- I don't have health insurance (5)
- Don't know/not sure (6)
- I prefer not to answer (7)

APA_MHCS_7 Have you, a friend, or a family member ever been denied coverage for mental health treatment, whether that be access to affordable medication or consultation with a mental health professional such as a psychiatrist, psychologist, or therapist?

- Yes (1)
- No (2)
- I prefer not to answer (3)

APA_MHCS_8-12 For each issue listed below, please indicate how beneficial you think legislation would be in addressing the following challenges.

	Extremely important (1)	Very important (2)	Moderately important (3)	Slightly important (4)	Not at all important (5)
Reducing costs of mental health care and substance use treatment. (1)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Improving insurance coverage for mental health and substance use issues. (2)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reducing suicide rates. (3)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Increasing the number of mental health and substance use professionals. (4)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reducing underage substance use. (5)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

APA_MHCS_13-18 For each issue listed below, please indicate how beneficial you think legislation would be in addressing the following challenges.

	Extremely important (1)	Very important (2)	Moderately important (3)	Slightly important (4)	Not at all important (5)
Access to affordable housing (1)	0	0	0	0	0
Access to green spaces (2)	0	0	0	0	0
Access to healthy foods (3)	0	0	0	0	0
Employment opportunities (4)	0	0	0	0	0
Reducing gun violence (5)	0	0	0	0	0
Reducing homelessnes s (6)	0	0	0	0	0

End of Block: APA Mental Health Care Survey (Modified for Study)

Start of Block: 12-Item Social and Economic Conservatism Scale (SECS)

SECS_1-12 Please indicate the extent to which you feel positive or negative towards each issue. Scores of 0 indicate greater negativity, and scores of 100 indicate greater positivity. Scores of 50 indicate that you feel neutral about the issue.

	Extremely negative	Moderately negative	Slightly negative	Neutral	Slightly positive	Moderately positive	Extremely positive
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	0	10	20	30	40	50	60	70	80	90	100
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Abortion ()	
Limited Government ()	
Military and National Security ()	
Religion ()	
Welfare Benefits ()	
Gun Ownership ()	
Traditional Marriage ()	
Traditional Values ()	
Fiscal Responsibility ()	
Business ()	

The Family Unit ()	
Patriotism ()	

End of Block: 12-Item Social and Economic Conservatism Scale (SECS)

Start of Block: Demographics

Demographics Here are some demographic questions about you.

You are almost done with the survey! Remember your time and answers are valued!

Demographics_1

What is your age?

- 18 - 22 years (1)
- 23 - 30 years (2)
- 31 - 45 years (3)
- 46 - 63 years (4)
- 64 years or older (5)

Demographics_2 What gender do you identify as?

- Male (1)
- Female (2)
- Other - I identify as: (3) _____
- Prefer not to answer (4)

Demographics_3 Do you consider yourself to be:

- Heterosexual or Straight (1)
- Gay (2)
- Lesbian (3)
- Bisexual (4)
- Not listed above (please specify) (5)

Demographics_5 Please specify your race and ethnicity. (Select all that apply)

1. African American or Black (1)
2. Asian (2)
3. Caucasian or White (3)
4. Latino/a or Hispanic (4)
5. Native American (5)
6. Native Hawaiian or Pacific Islander (6)
7. Two or More (7)
8. Other/Unknown (8)

Demographics_6 I am a(n) (Select one that best describes you)

- Elected official (1)
- Appointed official/other government employee (2)
- Public health insurance provider (3)
- Private health insurance provider (4)
- Member of an advocacy group (5)

Demographics_7 What is your elected position?

- State representative (1)
- State senator (2)
- County commissioner (3)
- City council member (including Mayor) (4)
- School board member (5)
- Other (6) _____

Demographics_8 What advocacy group do you represent? (Names of advocacy groups will be kept confidential)

Demographics_9 Which political party in Kansas do you more affiliate/identify with?

- Republican (1)
- Democratic (2)
- Libertarian (3)
- I prefer not to answer (4)

Demographics_10 Where is your home located?

- Andale (1)
- Bel Aire (2)
- Bentley (3)
- Cheney (4)
- Clearwater (5)
- Colwich (6)
- Derby (7)
- Eastborough (8)
- Garden Plain (9)
- Goddard (10)
- Haysville (11)
- Kechi (12)
- Maize (13)
- Mount Hope (14)
- Mulvane (15)
- Park City (16)
- Peck (17)
- Sedgwick (18)

- o Valley Center (19)
- o Viola (20)
- o Wichita (21)
- o Other (22) _____

Demographics_11 Would you say you live in an urban, suburban, or rural area?

- o An urban, inner-city area (1)
- o An urban, non-inner city area (2)
- o A suburban area (3)
- o A rural area (4)

Demographics_12 What is the highest level of education or school you have completed?

- o Some high school (attended some high school classes but did not graduate) (1)
- o High school or GED (2)
- o Associate Degree (two-year degree after high school) (3)
- o Trade School (4)
- o Bachelor's Degree (four-year degree after high school) (5)
- o Master's Degree (6)
- o Ph.D, MD, DO, or doctorate level of education (7)

Demographics_13 Which of the following best describes the field your occupation is in?

- o Management Occupations (1)
- o Business and Financial Operations Occupations (2)
- o Computer and Mathematical Occupations (3)
- o Architecture and Engineering Occupations (4)
- o Life, Physical, and Social Science Occupations (5)
- o Community and Social Service Occupations (6)
- o Legal Occupations (7)
- o Educational Instruction and Library Occupations (8)
- o Arts, Design, Entertainment, Sports, and Media Occupations (9)
- o Healthcare Practitioners and Technical Occupations (10)
- o Healthcare Support Occupations (11)
- o Protective Service Occupations (12)
- o Food Preparation and Serving Related Occupations (13)
- o Building and Grounds Cleaning and Maintenance Occupations (14)
- o Personal Care and Service Occupations (15)
- o Sales and Related Occupations (16)
- o Office and Administrative Support Occupations (17)
- o Farming, Fishing, and Forestry Occupations (18)
- o Construction and Extraction Occupations (19)
- o Installation, Maintenance, and Repair Occupations (20)
- o Production Occupations (21)

- o Transportation and Material Moving Occupations (22)
- o I prefer not to answer (23)

Demographics_14 What is your job title/position?

Demographics_15 What top three policies would you like to see be implemented to improve the mental health and mental health care of citizens in the state of Kansas? (Please list)

End of Block: Demographics