Steps in Inclusion Body Myositis

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I used to reach for the sky.
But now wonder why
  I can’t raise my arm to reach
  for food,
  or fodder for my rants,

Has their word been codified
to have me ostracized?
Who are they to decide
  I should be cast aside
  sit in a wheelchair;
  or be denied
  my place
  or pride?

Every muscle screaming at me.
To what end?
What have I done to offend
  those cells on which I depend
  each time I ascend
  a stair or reach despair
  in futile prayer?

They refuse to cooperate
  without debate
  as if I were an ingrate
  who doesn’t appreciate
  the pain that continues without abate.

With each step I consume
  a portion of the bloom,
  that portion of life
  that fades
  as down its path
  I resist until
  that last step,
  that small step,
  drops into my tomb